

MEDIA RELEASE

Melbourne Fringe Festival at Gasworks Theatre
BRETT ASHBY - **ENERGY**, 12 - 14th September 2019



Energy is contemporary, experimental and performance art from international artist **Brett Ashby**. The artist takes his painting studio to the theatre, with four prominent Australians as his subjects. The on-stage happenings and musical resonance will vibrate your skin, as Brett creates spontaneous energy representations, from spirit to form through the universe.

Energy is a unique radiance of light between artist, audience and his subject. Brett is debuting **Energy** as part of the **Melbourne Fringe Festival** at Gasworks Theatre, home for vibrant arts and theatre works. Subjects **Lisa Edwards** 12th, **Cash Savage** 13th, **Sarah McLeod** and **Mick Harvey** 14th, will be painted on canvas, whilst the artist rides a skateboard on ramps. The art focuses on the exchange of energy, art and power through physical whole body movement. This will be a sonic and visual representation of the subjects' consciousness.

Sound musicians using the handpan drum and harmonic overtone singing will accompany Brett in his performance. All this combined with the atmospheric sound of the skateboard will create a unique accumulation of art and sound. The interwoven resonate soundscapes, lighting effects, and on-screen visual displays generate a flow between body and soul.

The mobile ramps provide potential energy for the object; the sitter is the mass energy and references the portrait. Balance is a fundamental aspect to this performance, allowing the artists to flow with harmony and grace. All these elements deliver the creative rationale of energy, experienced in a live theatre setting to further allow for audience energy exchange.

"Everything is energy, swirling around us, through us, changing form. We absorb it, merge with it and release it. It combines and collides with itself.

I am in my pure state immersed in it, in the moment when the music fills a room and I become the energy in the space, I express that energy through my performance, I'm lost in the moment, riding the energy."

- **Richard Lewis, Tumbleweed**, Lead Singer, 2018 subject of Ashby's *Energy Painting*.

WATCH BRETT IN ACTION: <http://brettashby.com/art/fringef/>

Available for interview and photo opportunities

ENERGY

Dates: 12 - 14 September (4 unique shows)

Times: 7pm, matinee at 3.30pm on Saturday 14 September

Venue: Gasworks Art Park, Gasworks Theatre, 21 Graham St, Albert Park

Tickets: \$28 - 35

Bookings: melbournefringe.com.au or 03 9660 9666

Artist Website: www.brettashby.com

More information contact: christine@brettashby.com

Social media: www.instagram.com/brettashbyartist